

Christ Church Methodist and URC

Pastoral Visitors' List of Community Resources

- **Christ Church Methodist and URC, Old Market Ave, Chichester, PO19 1SW**
Tel: 01243 306021

Cuppa and Company: All are welcome Tuesday, Wednesday and Saturday from 10.00am - 12.00pm

Quarterly Lunch: All are welcome 1st Friday of every third month from 12.00-2.00pm

Christian Aid Advent Lunches: All are welcome five weeks of Advent on Wednesday 12.00-2.00pm

Christian Aid Lent Lunches: All are welcome five weeks of Lent on Wednesday 12.00-2.00pm

- **Age Concern and the Baptist Church, 124 Sherbourne Road, Chichester, PO19 3AW**
Tel: 01243 782582

Lunch Club: For older people that meets every other Thursday during term time at 12.15pm. The meal consists of a cooked main course and dessert followed by tea and coffee. The charge is £4 payable on arrival. For more information ring the Church Office.

- **Age Concern: Take Home and Settle (Hospital Discharge)**
Telephone: 01903 717130

This is a free of charge service. Take home and settle provides immediate support to vulnerable older people upon discharge from hospital or attendance to A&E or the medical assessments unit.

Who is the service for? The service is for older people in West Sussex who live on their own and have limited support. It is also for family and friend carers who may or may not live with their cared for.

What does the service include? The Take Home and Settle coordinator can support you during the journey home and with practical support once back at home. Support can include:

- ✓ A safe journey home
- ✓ Unpack your hospital bag
- ✓ Check food in fridge is still in date
- ✓ Do a small light local shop
- ✓ Check your care line is working
- ✓ Signpost or refer you to other support services including our support at home after hospital
- ✓ Leaving you feeling safer and comfortable

How to access the service: When in hospital please speak to a member of staff who will make a referral to our on-site co-ordinators.

- **George's Café Donning Parish Hall, Stockbridge Rd PO19 8QT** provides a place for people to come together over coffee and cake served by volunteers who make this a welcoming place. Each Saturday morning (except bank holidays) between 10.00am and 12.00pm.
- **St Nicholas's Church 47 Midhurst Road, Lavant PO18 OBW**
Tel: 01243 527725

Lunch House - second Wednesday of the month, 12.00 – 1.00pm

Home-cooked food with a varied menu is provided each month. For around £5 you can enjoy a three-course meal in a friendly and welcoming environment. Families with children are welcome and smaller meals and/or simpler meals will be provided as requested. Also provided for younger visitors is a carpeted area with toys and books.

Tea & Chat - third, fourth and fifth Wednesday of the month, 2.00pm - 3.30pm

Light refreshments are provided at this friendly group, and you are welcome, if you wish, to bring along any knitting, sewing or other craft activity which you would like to undertake during this time.

Brunch Cafe - first Saturday of the month, 9.30am - 11.30am

Enjoy coffee and food (bacon rolls, flapjacks, freshly baked pastries to name a few). There is a craft table for children. Sometimes other community groups will display work and publicise their activities. There is no charge, donations welcome.

- **Care Connect (Transport)**
Tel: 07759 089348

This is a wheelchair accessible vehicle transport and care service. It provides transportation for people who use a wheelchair or have mobility needs to enable them to attend medical appointments, social events, or shopping trips. Contact them to find out more about the services they provide and how they can assist you.

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